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# Dynamic incorporation of multiple in silico functional annotations empowers rare variant association analysis of large whole-genome sequencing studies at scale

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Large-scale whole-genome sequencing studies have enabled the analysis of rare variants (RVs) associated with complex phenotypes. Commonly used RV association tests have limited scope to leverage variant functions. We propose STAAR (variant-set test for association using annotation information), a scalable and powerful RV association test method that effectively incorporates both variant categories and multiple complementary annotations using a dynamic weighting scheme. For the latter, we introduce 'annotation principal components', multidimensional summaries of in silico variant annotations. STAAR accounts for population structure and relatedness and is scalable for analyzing very large cohort and biobank whole-genome sequencing studies of continuous and dichotomous traits. We applied STAAR to identify RVs associated with four lipid traits in 12,316 discovery and 17,822 replication samples from the Trans-Omics for Precision Medicine Program. We discovered and replicated new RV associations, including disruptive missense RVs of *NPC1L1* and an intergenic region near *APOC1P1* associated with low-density lipoprotein cholesterol.

A n increasing number of whole-genome/exome sequencing (WGS/WES) studies are being conducted to investigate the genetic bases of human diseases and traits, including the Trans-Omics for Precision Medicine Program (TOPMed) of the National Heart, Lung, and Blood Institute and the Genome Sequencing Program (GSP) of the National Human Genome Research Institute. Such studies enable the assessment of associations between complex traits and both coding and noncoding RVs (minor allele frequency (MAF) < 1%) across the genome. However, single-variant analyses typically have low power to identify associations with  $RVs^{1-3}$ . To improve power, variant set tests have

been proposed to jointly test the effects of given sets of multiple RVs. These methods include the burden test<sup>4–7</sup>, sequence kernel association test (SKAT)<sup>8</sup> and their various combinations<sup>9–12</sup>. In parallel, external biological information provided by functional annotations, such as conservation scores and predicted enhancer status, has been successfully used to prioritize plausibly causal common variants in fine-mapping studies, partitioning heritability in GWAS and predicting genetic risk<sup>13–17</sup>. It is of substantial interest to incorporate variant functional annotations effectively to boost the power of RV analysis of WGS association studies<sup>18,19</sup>.

A full list of affiliations appears at the end of the paper.

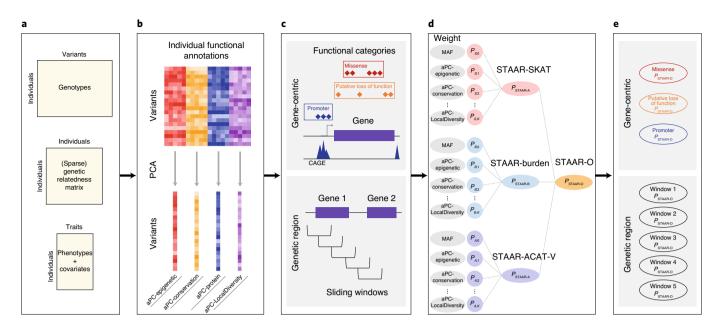


Fig. 1| STAAR workflow. a, Input data of STAAR, including genotypes, phenotypes, covariates and (sparse) genetic relatedness matrix is prepared. b, All variants in the genome are annotated and the annotation principal components for different classes of variant function are calculated. PCA, principal component analysis. c, Two types of variant sets are defined: gene-centric analysis by grouping variants into functional genomic elements for each protein-coding gene; and genetic region analysis using agnostic sliding windows. d, The STAAR statistics for each variant set is calculated. aPC, annotation principal component. e, The STAAR-O P values for all variant sets defined in c are obtained and significant findings are reported.

Variant functional annotations take two forms: (1) qualitative functional groupings into genomic elements, such as variant effect predictor categories<sup>20,21</sup>; and (2) quantitative functional scores available for variants across the genome, including protein functional scores<sup>22,23</sup>, evolutionary conservation scores<sup>24,25</sup>, epigenetic measures<sup>26</sup> and integrative functional scores<sup>27</sup>. Different annotation scores capture diverse aspects of variant function<sup>28,29</sup>. Given the diversity of available annotations, efforts have been made to aggregate the evidence they provide on genomic function<sup>30</sup>. Simultaneous use of multiple, varied functional annotation scores in variant set tests could improve RV association study power, for example, by optimally selecting and weighting plausibly causal RVs<sup>31</sup>.

To boost power for variant set tests in the WGS RV association study, we propose the variant-Set Test for Association using Annotation infoRmation (STAAR), a general framework that dynamically incorporates both qualitative functional categories and quantitative complementary annotation scores using a unified omnibus multidimensional weighting scheme. For the latter, to effectively capture the multifaceted biological impact of a variant, we introduce annotation principal components, multidimensional summaries of annotation scores that can be leveraged in the STAAR framework.

Recent methods<sup>32-34</sup> have incorporated functional annotations in genetic association studies. However, these methods cannot be scaled to analyze large-scale WGS studies while accounting for relatedness and population structure. Large-scale WGS and WES studies, such as TOPMed and GSP, include a considerable fraction of related and ancestrally diverse samples. STAAR accounts for both relatedness and population structure, as well as longitudinal follow-up designs, for both quantitative and dichotomous traits, using a generalized linear mixed model (GLMM) framework<sup>35</sup> that includes linear and logistic mixed models<sup>36,37</sup>. Using sparse genetic relatedness matrices (GRMs)<sup>38</sup>, STAAR is computationally scalable for very large WGS studies and biobanks of hundreds of thousands of samples.

In the present study, we performed extensive simulation studies to demonstrate that STAAR can achieve substantially greater power

compared to conventional variant set tests, while maintaining accurate type I error rates for both quantitative and dichotomous phenotypes. We then applied STAAR to perform WGS gene-centric and sliding window-based genetic region analysis of 12,316 discovery and 17,822 replication samples with 4 quantitative lipid traits: low-density lipoprotein cholesterol (LDL-C); high-density lipoprotein cholesterol (HDL-C); triglycerides (TG) and total cholesterol (TC) from the National Heart, Lung, and Blood Institute (NHLBI) TOPMed program. We show that STAAR outperforms existing methods and identifies new and replicated associations, including with LDL-C in disruptive missense RVs of *NPC1L1* and in an intergenic region near *APOC1P1*.

#### Results

**Overview of methods.** STAAR is a general framework for analyzing WGS RV association study at scale by using both qualitative functional categories and multiple in silico variant annotation scores within a variant set, while accounting for population structure and relatedness by fitting linear and logistic mixed models for quantitative and dichotomous traits using fast and scalable algorithms. For each variant set, there are two main components of the STAAR framework: (1) using annotation principal components to capture and prioritize multidimensional variant biological functions; and (2) testing the association between each variant set and phenotypes by incorporating these annotation principal components as well as other integrative functional scores and MAFs in the STAAR test statistics using an omnibus weighting scheme (Fig. 1).

Variants often influence genes and gene products through multiple mechanisms. We extracted a broad set of variant functional annotations (Supplementary Table 1), including individual and ensemble functional scores, from various databases, such as ENCODE (v.2)<sup>26</sup> and Roadmap Epigenomics (Human Epigenome Atlas release 9)<sup>39</sup>, as well as other evolutionary and protein annotation databases<sup>27,40,41</sup>. A correlation heatmap across variants in the genome (Fig. 2) shows that the correlation structure among all individual annotations is approximately block-diagonal, with highly correlated blocks representing different classes of variant function, for example, epigenetic function, evolutionary conservation, protein function and local nucleotide diversity. We introduce annotation principal components defined as the first principal components calculated from the set of individual functional annotation scores in each functional block (Supplementary Table 1 and Methods). Annotation principal components effectively reduce the dimensionality of the large number of individual annotations and summarize multiple aspects of variant function.

The STAAR framework first calculates a set of multiple candidate test statistics using different annotation weights under a particular testing approach (Fig. 1d). For each type of RV test, STAAR then uses the aggregated Cauchy association test (ACAT) method to combine the resulting *P* values calculated using different weights to effectively and powerfully aggregate the association strength from all annotations in a data-adaptive manner (Fig. 1d and Methods). The ACAT method for combining *P* values is accurate and computationally efficient, while accounting for arbitrary correlation structure between tests<sup>9,42</sup>. To leverage the advantages of different types of tests, we propose an omnibus test in the STAAR framework (STAAR-O) by combining *P* values across different types of multiple annotation-weighted variant set tests using the ACAT method (Fig. 1d and Methods).

**Simulation studies.** To evaluate type I errors and the power of STAAR compared to conventional variant set tests, we performed simulation studies under a variety of configurations. We followed the steps described in Data simulation (Methods) to generate both continuous and dichotomous phenotypes. We generated genotypes by simulating 20,000 sequences for 100 different regions with each spanning 1 megabase (Mb). The data were generated to mimic the linkage disequilibrium structure of an African-American population by using the calibration coalescent model<sup>43</sup>. We randomly selected 5-kilobase (kb) regions from these 1-Mb regions and considered sample sizes of 2,500, 5,000 and 10,000 for each replicate. The simulation studies focused on aggregating uncommon variants with an MAF < 5%.

**Type I error simulations.** The empirical type I error rates for STAAR-O were evaluated based on 10° simulations at  $\alpha = 10^{-5}$ , 10<sup>-6</sup>,10<sup>-7</sup> for continuous and dichotomous traits (Supplementary Table 2). The results show that the type I error rate for STAAR-O was well controlled for both continuous and dichotomous traits at all  $\alpha$  levels. For continuous traits, STAAR-O delivered accurate empirical type I error rates. For dichotomous traits and the smallest  $\alpha$  level considered (10<sup>-7</sup>), STAAR-O was slightly conservative for moderate sample sizes (2,500 individuals); however, its type I error rate came close to the nominal level with larger sample sizes.

Empirical power simulations. Next, we evaluated the power of STAAR empirically by incorporating MAF and ten annotations into its analysis and comparing the results with conventional variant set tests in a variety of configurations. Power was estimated as the proportion of *P* values less than  $\alpha = 10^{-7}$  based on  $10^4$  replicates. The causality of variants was allowed to be dependent on different sets of annotations through a logistic model (Methods). We considered different proportions of causal variants (5, 15 and 35% on average) in the signal region. For both continuous and dichotomous traits, STAAR-O incorporating all ten annotations had higher power than conventional variant set tests in terms of signal region detection (Supplementary Figs. 1-4). The power simulation results of STAAR-O for different magnitudes of effect sizes and different proportions of effect size directions yielded the same conclusion (Supplementary Figs. 1, 5 and 6). Overall, our simulation studies showed that STAAR-O could provide considerably higher power than conventional variant set tests.

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Association analysis of lipid traits in the TOPMed WGS data. We applied STAAR to identify RV sets associated with four quantitative lipid traits (LDL-C, HDL-C, TG and TC) using TOPMed WGS data<sup>44,45</sup>. LDL-C and TC were adjusted for the presence of medications as described elsewhere<sup>44</sup>. DNA samples were sequenced at >30× target coverage. The discovery phase consisted of four study cohorts of TOPMed Freeze 3. The replication phase consisted of ten different study cohorts in TOPMed Freeze 5 that were not in Freeze 3 (Supplementary Note and Supplementary Table 3).

We performed sample- and variant-level quality control<sup>44,45</sup>. There were 12,316 discovery samples, which had 155 million single-nucleotide variants (SNVs), and 17,822 replication samples, which had 188 million SNVs. The TOPMed data consist of ancestrally diverse and multi-ancestry-related samples. Race/ethnicity was defined using a combination of self-reported race/ethnicity and study recruitment information. The discovery cohorts consisted of 4,580 (37.2%) Black or African-American individuals, 6,266 (50.9%) White, 543 (4.4%) Asian-American and 927 (7.5%) Hispanic/Latino American. Among all samples in the discovery phase, 3,577 (29.0%) had first-degree relatedness, 491 (4.0%) had second-degree relatedness and 273 (2.2%) had third-degree relatedness (Supplementary Fig. 7). Among all SNVs observed in the discovery samples, there were 6.5 million (4.2%) common variants (MAF > 5%), 5.3 million (3.4%) low-frequency variants ( $1\% \le MAF \le 5\%$ ) and 143.2 million (92.4%) RVs (MAF < 1%). The race/ethnicity, related sample and variant number distributions for the replication phase and pooled samples (samples from both discovery and replication phases) are given in Supplementary Table 4.

Our study used the proposed STAAR-O method to perform (1) gene-centric analysis using RV sets based on functional categories and (2) genetic region analysis using variant sets defined by 2-kb sliding windows with 1-kb skip length across the genome. We adjusted for age, age<sup>2</sup>, sex, race/ethnicity, study and the first ten ancestral principal components, while controlling for relatedness using linear mixed models, with inverse rank normal transformation applied to phenotypes (Methods). Race/ethnicity was included as a covariate to adjust for sociocultural and environmental factors, while genetic ancestry differences were captured by the inclusion of the ancestral principal components. In addition to the 2 MAF weights<sup>3</sup>, we incorporated 13 aggregated functional annotation scores in STAAR-O: 3 integrative scores (CADD<sup>27</sup>, LINSIGHT<sup>46</sup> and FATHMM-XF47); and 10 annotation principal components. Figure 2 summarizes the correlation among all functional annotations, including 63 individual scores, 3 integrative scores and 10 annotation principal components.

Gene-centric association analysis of coding and noncoding RVs. We performed gene-centric analysis to identify whether RVs in coding, promoter and enhancer regions of genes are associated with lipid traits using STAAR-O. For each of the four lipid traits, we analyzed five functional categories (masks) of coding and noncoding variants of each gene: (1) putative loss of function (stop gain, stop loss and splice) RVs; (2) missense RVs; (3) synonymous RVs; (4) promoter RVs; and (5) enhancer RVs. The putative loss of function, missense and synonymous RVs were defined by GENCODE variant effect predictor categories<sup>20,21</sup>. Promoter RVs were defined as RVs in the  $\pm$ 3-kb window of the transcription starting site (TSS) with overlap of cap analysis of gene expression (CAGE) sites. Enhancer RVs were defined as RVs in GeneHancer-predicted regions with overlap of CAGE sites<sup>48-50</sup>. Within each gene functional category, we tested for an association between RVs (MAF < 1%) in the functional category and lipid traits using STAAR-O with the 13 aggregated functional annotations described earlier. For missense RVs, we incorporated an additional annotation functional category predicting functionally 'disruptive' variants determined by metaanalytic support vector machine (MetaSVM)<sup>51</sup>, which measures the

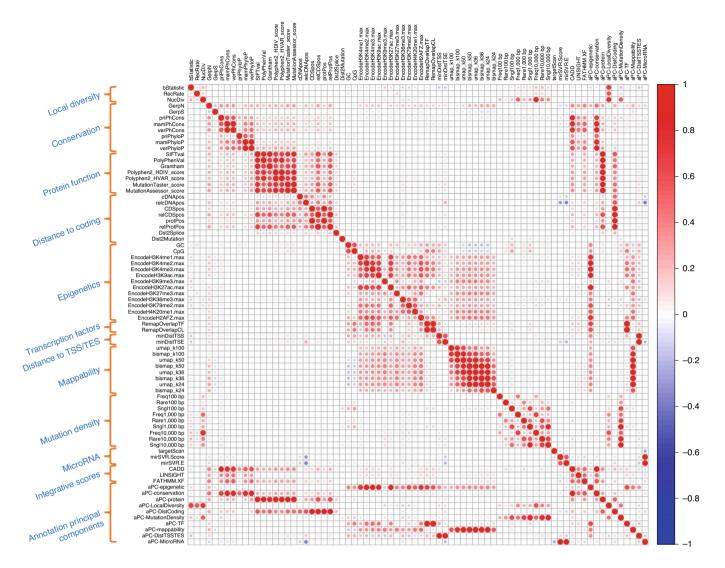


Fig. 2 | Correlation heatmap of functional annotation scores. Pairwise correlations between 76 individual and integrative functional annotations using variants from the pooled samples of lipid traits in the TOPMed data. The cells in the visualization are colored by Pearson's correlation coefficient values with the deeper colors indicating higher positive (red) or negative (blue) correlations. Each annotation principal component is the first principal component calculated from the set of individual functional annotations that measure similar biological function. These annotation principal components are then transformed into the Phred-scaled scores for each variant across the genome (Methods).

deleteriousness of missense mutations. The overall distributions of STAAR-O *P* values were well calibrated for all four lipid phenotypes (Supplementary Fig. 8). For unconditional analysis, we considered a Bonferroni-corrected genome-wide significance threshold of  $\alpha = 0.05/(20,000 \times 5) = 5.00 \times 10^{-7}$  accounting for 5 different masks across protein-coding genes.

STAAR-O identified 21 genome-wide significant associations with 4 lipid phenotypes using unconditional analysis of the discovery samples (Supplementary Table 5 and Supplementary Fig. 9). After conditioning on known lipid-associated variants<sup>44,52–67</sup>, 11 out of the 21 associations were significant at the Bonferroni correction level of  $0.05/21=2.38\times10^{-3}$  using the discovery samples. These included associations with LDL-C (putative loss-of-function RVs in *PCSK9* and *APOB*, missense RVs in *PCSK9*, *NPC1L1* and *APOE*), association with HDL-C (putative loss-of-function RVs in *APOC3*), and associations with TG (putative loss-of-function RVs in *APOC3*) and associations with TC (putative loss-of-function RVs in *PCSK9* and *APOB*, missense RVs in *PCSK9* and *LIPG*) (Table 1). Of these 11 associations, 10 were replicated at the Bonferroni-corrected level of  $0.05/11=4.55\times10^{-3}$  after adjusting for known lipid-associated

variants. The association between *APOC3* putative loss-of-function RVs and HDL-C was unreported in a previous study using the same TOPMed Freeze 3 data<sup>44</sup>.

The association between missense RVs in NPC1L1 and LDL-C was not detected by the conventional variant set tests and has not been observed in previous studies<sup>44,55,68,69</sup>. In the discovery phase, its unconditional STAAR-O P value was  $1.29 \times 10^{-7}$ , while the most significant conventional variant set test was the burden test with  $P = 7.04 \times 10^{-6}$ . This association was not driven by any single RV (minimum single RV *P* value >  $10^{-3}$ ) but was due to the aggregated effects of multiple missense RVs. The P value of the burden test additionally weighted by MetaSVM was the smallest of all annotations ( $P=3.15\times10^{-9}$ ), highlighting the significant association between disruptive missense RVs in NPC1L1 and LDL-C (Supplementary Fig. 10). Among all 174 missense RVs in NPC1L1 from the discovery samples, the disruptive missense RVs as predicted by MetaSVM were enriched among variants with higher annotation principal component-conservation scores (Supplementary Table 6). This contributed to the test weighted by annotation principal component-conservation being the most

Irait	Jene	Chromosome	Category		Discovery	very		Ke	Replication		Pooled	ed	Variants (adjusted)
		uo.		No. of SNVs	STAAR-O (unconditional)	STAAR-O (conditional)	No. of SNVs	STAAR-O (unconditional)	STAAR-O (conditional)	No. of SNVs	STAAR-O (unconditional)	STAAR-O (conditional)	I
LDL-C	PCSK9		Putative loss of function	ъ	3.09 × 10 <sup>-38</sup>	1.94 × 10 <sup>-7</sup>	ø	6.9 × 10 <sup>-27</sup>	5.29×10 <sup>-10</sup>	6	4.59×10 <sup>-65</sup>	7.52 × 10 <sup>-17</sup>	rs28362286, rs28362263, rs11591147, rs12117661
	APOB	2	Putative loss of function	Ħ	1.91×10 <sup>-14</sup>	2.38 × 10 <sup>-14</sup>	Ŋ	1.97×10 <sup>-9</sup>	1.76×10 <sup>-9</sup>	16	$3.91 \times 10^{-21}$	$4.08 \times 10^{-21}$	rs934197
	PCSK9		Missense	92	1.09×10 <sup>-16</sup>	2.65 × 10 <sup>-8</sup>	129	1.90×10 <sup>−6</sup>	1.15 × 10 <sup>-6</sup>	167	2.11×10 <sup>-15</sup>	1.14×10 <sup>-14</sup>	rs28362286, rs28362263, rs11591147, rs12117661
	NPC1L1	7	Missense	174	1.29×10 <sup>-7</sup>	3.83 × 10 <sup>-7</sup>	219	2.19×10 <sup>-3</sup>	3.28×10 <sup>-3</sup>	293	3.25 × 10 <sup>-10</sup>	1.58×10 <sup>-9</sup>	rs10234070, rs73107473, rs2072183, rs41279633, rs17725246, rs2073547, rs10260606, rs217386, rs7791240, rs2300414
	NPC1L1	7	Disruptive missense	94	3.15 × 10 <sup>-9a</sup>	9.27×10 <sup>-9a</sup>	129	1.46 × 10 <sup>-4a</sup>	2.59 × 10 <sup>-4a</sup>	173	8.05 × 10 <sup>-12a</sup>	4.02×10 <sup>-11a</sup>	rs10234070, rs73107473, rs2072183, rs41279633, rs17725246, rs2073547, rs10260606, rs217386, rs7791240, rs2300414
	APOE	19	Missense	54	$3.11 \times 10^{-10}$	$9.88 \times 10^{-11}$	58	$6.61 \times 10^{-5}$	$3.47 \times 10^{-4}$	88	$1.07 \times 10^{-13}$	$2.02 \times 10^{-12}$	rs7412, rs429358
HDL-C	APOC3	Ħ	Putative loss of function	ъ	2.20×10 <sup>-7</sup>	6.82×10 <sup>-7</sup>	9	5.73×10 <sup>-18</sup>	2.89×10 <sup>-17</sup>	7	3.18×10 <sup>-23</sup>	4.51×10 <sup>-22</sup>	rs66505542
TG	APOC3	11	Putative loss of function	ъ	$1.10 \times 10^{-14}$	5.53×10 <sup>-14</sup>	9	2.67 × 10 <sup>-49</sup>	2.73×10 <sup>-46</sup>	7	3.98 × 10 <sup>-56</sup>	1.04 × 10 <sup>-52</sup>	rs66505542, rs964184, rs7350481
TC	PCSK9	<del>, -</del>	Putative loss of function	ъ	4.60×10 <sup>-33</sup>	$2.04 \times 10^{-10}$	œ	1.83×10 <sup>-25</sup>	9.74×10 <sup>-11</sup>	σ	9.83 × 10 <sup>-58</sup>	4.23×10 <sup>-20</sup>	rs28362286, rs11591147, rs191448952
	APOB	2	Putative loss of function	Ħ	7.29 × 10 <sup>-13</sup>	8.78×10 <sup>-13</sup>	ъ	2.62×10 <sup>-9</sup>	2.30×10 <sup>-9</sup>	16	$9.76 \times 10^{-20}$	1.01×10 <sup>-19</sup>	rs934197
	PCSK9	<del>.                                    </del>	Missense	92	6.00×10 <sup>-15</sup>	1.11 × 10 <sup>−6</sup>	131	2.14 × 10 <sup>-5</sup>	1.13×10 <sup>-5</sup>	169	$5.18 \times 10^{-12}$	3.16 × 10 <sup>-12</sup>	rs28362286, rs11591147, rs191448952
	DIID	18	Missense	62	9.61×10 <sup>-8</sup>	4.34×10 <sup>-6</sup>	68	3.45×10 <sup>-4</sup>	1.47 × 10 <sup>-1</sup>	101	2.04×10 <sup>-9</sup>	$5.62 \times 10^{-4}$	rs4939883, rs7241918, rs149615216

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significant across all quantitative annotation-weighted tests included in STAAR-O (burden  $P=3.12\times10^{-7}$ ). Since annotation principal component-conservation summarizes the evolutionary conservation scores of variants, it is informative in predicting whether or not variants are deleterious and thus functional<sup>70,71</sup>. Conditioning on the ten known common variants in *NPC1L1* associated with LDL-C (Supplementary Table 7; refs. <sup>57–61,65–67</sup>) resulted in the association between disruptive missense RVs in *NPC1L1* and LDL-C remaining significant after Bonferroni correction with the conditional analysis  $P=9.27\times10^{-9}$  in the discovery phase. This association was validated in the replication phase with  $P=2.59\times10^{-4}$ and  $P=4.02\times10^{-11}$  in pooled samples in the conditional analysis. This significant association was also validated using WES data from the UK Biobank<sup>72</sup> (n=40,519) with  $P=2.49\times10^{-4}$  in the conditional analysis.

Genetic region analysis of RVs. We performed genetic region analysis to determine whether RVs within sliding windows were associated with lipid traits. The sliding windows were 2kb in length, started at position 0 base pairs (bp) for each chromosome and had a skip length of 1 kb. Windows with a total minor allele count (MAC) < 10 were excluded from the analysis, resulting in a total of 2.66 million 2-kb overlapping windows, with a median of 104 RVs in each sliding window among the discovery samples. For each 2-kb window, we tested for an association between the RVs in the window and each lipid trait using STAAR-O by incorporating 13 aggregated quantitative annotations. The overall distributions of STAAR-O P values were well calibrated for all four lipid phenotypes (Fig. 3b and Supplementary Figs. 11b, 12b and 13b). Using the Bonferroni correction, we set the genome-wide significance threshold at  $\alpha = 0.05/(2.66 \times 10^6) = 1.88 \times 10^{-8}$  across sliding windows (Fig. 3a and Supplementary Figs. 11a, 12a and 13a). Supplementary Table 8 summarizes the significant 2-kb sliding windows identified using STAAR-O. Overall, by dynamically incorporating multiple functional annotations capturing different aspects of variant function, STAAR-O detected more significant sliding windows, and showed consistently smaller P values for top sliding windows compared with conventional variant set tests weighted using MAFs (Fig. 3c,d and Supplementary Figs. 11c-f, 12c and 14). Burden tests did not detect any window that reached significance.

Among the 59 genome-wide significant sliding windows detected by STAAR-O in the unconditional analysis, 17 were significant at the Bonferroni correction level of  $0.05/59 = 8.47 \times 10^{-4}$ after conditioning on known lipid-associated variants using the discovery samples (Table 2). For LDL-C, the significant sliding windows were located in the PCSK9 gene or in a 50-kb region on chromosome 19 including the APOE cluster. For TC, all significant sliding windows were located in the same areas as for LDL-C. For TG, STAAR-O detected two consecutive significant sliding windows within APOC3, whereas no significant sliding windows were detected for HDL-C. Of these 17 associations, 6 were replicated at  $0.05/17 = 2.94 \times 10^{-3}$  after Bonferroni correction and another 4 were replicated at  $0.05/9 = 5.56 \times 10^{-3}$  after Bonferroni correction for 9 nonoverlapping sliding windows in the conditional analysis of replication samples<sup>17</sup>, including a sliding window located downstream of APOC1P1 (chromosome 19: 44,931,528-44,933,527 bp), which was

significantly associated with LDL-C but undetected by the burden test, SKAT and ACAT-V (Table 2 and Fig. 3c).

The top variant of the significant sliding window located downstream of APOC1P1 was rs370625306 (MAF =  $0.005, P = 8.71 \times 10^{-8}$ ), which was not significant at a Bonferroni-corrected threshold  $(\alpha = 0.05/(1.51 \times 10^7) = 3.31 \times 10^{-9})$  in individual variant analysis. This RV and the second top variant in these windows (rs9749443, MAF = 0.009,  $P = 2.46 \times 10^{-5}$ ) were upweighted by annotation principal component-epigenetic in STAAR-O (Supplementary Fig. 15). Specifically, the annotation principal component-epigenetic scores of rs370625306 and rs9749443 ranked in the top 10 and 30% among all RVs, respectively, in the sliding window. Conditioning on the two known common variants rs7412 and rs429358 in APOE associated with LDL-C<sup>55</sup>, the strength of association of both sliding windows was reduced but remained significant (Table 2). Similar results were found after further conditioning on APOE haplotypes using these two SNVs (Supplementary Table 8). This suggests that the effects of RVs in this sliding window are not fully captured by the two known common LDL-associated variants. STAAR-O also identified and replicated two highly significant windows in APOC3 associated with TG in the conditional analysis that were undetected by SKAT and the burden test73.

STAAR identifies more associations using relevant tissue functional annotations. To evaluate the effect of tissue specificity, we compared the performance of STAAR-O in both gene-centric and genetic region analysis by incorporating liver (a central hub for lipid metabolism), heart and brain annotations. For each tissue, we calculated a tissue-specific annotation principal component from tissue-specific DNase, H3K4me3, H3K27ac and H3K27me3 from ENCODE (Supplementary Table 9) (refs. <sup>26,74</sup>). We used tissue-specific CAGE sites with overlap of RVs in the  $\pm$ 3-kb window of the TSS and GeneHancers to define promoter and enhancer RV masks in gene-centric analysis. To make a fair comparison between tissues, we calculated STAAR-O *P* values based solely on the tissue-specific annotation principal component and without incorporating the MAF and other annotations.

Overall, the use of liver annotation resulted in more significant levels of association than the heart and brain annotations, as would be expected for lipid traits, although no additional replicated, conditionally significant association was detected by using tissue-specific annotations. STAAR-O identified nine and eight replicated conditionally significant associations by using liver annotation in gene-centric and genetic region analyses, respectively (Supplementary Tables 10 and 11). Among these 17 significant associations, 2 were not seen when the heart annotation was used and 2 were not seen when the brain annotation was used; no additional associations were detected by using the heart and brain annotations (Supplementary Tables 10 and 11). Furthermore, more suggestive significant associations were detected when using the liver annotation than the other two tissues at various levels of unconditional *P* value thresholds in the discovery phase (Supplementary Figs. 16 and 17).

**Computation cost.** We developed an R package, STAAR, to perform scalable variant set association tests incorporating multiple

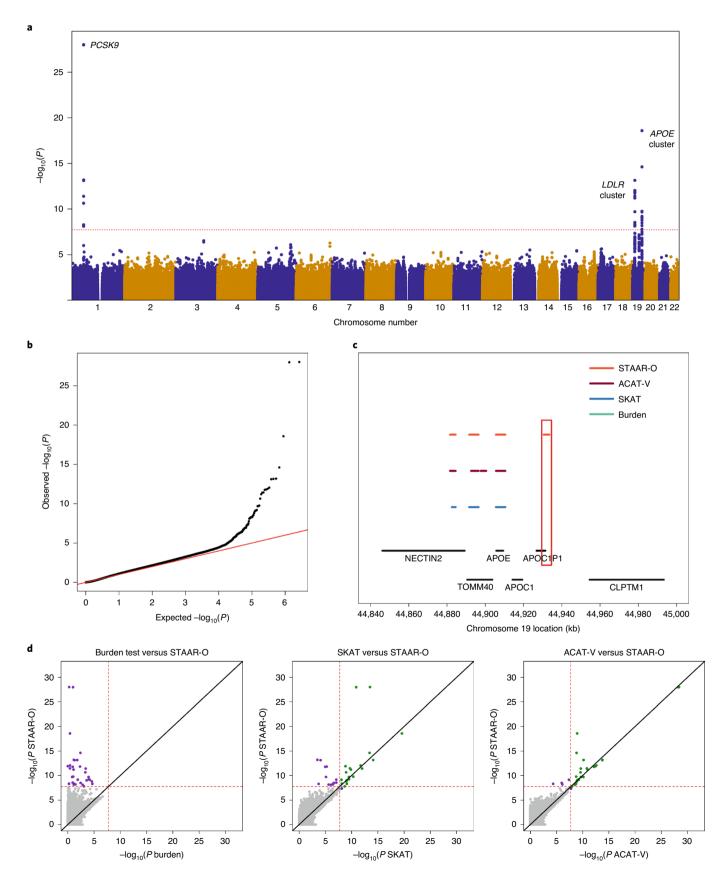
**Fig. 3 | Genetic region (2-kb sliding window) unconditional analysis results of LDL-C in the discovery phase using the TOPMed cohort. a**, Manhattan plot showing the associations of 2.66 million 2-kb sliding windows for LDL-C versus  $-\log_{10}(P)$  of STAAR-O. The horizontal line indicates a genome-wide *P* value threshold of  $1.88 \times 10^{-8}$  (n = 12,316). **b**, Quantile-quantile plot of 2-kb sliding window STAAR-O *P* values for LDL-C (n = 12,316). **c**, Genetic landscape of the windows significantly associated with LDL-C that are located in the 150-kb region on chromosome 19. Four statistical tests were compared: burden; SKAT; ACAT-V; and STAAR-O. A dash indicates that the sliding window at this location was significant using the statistical test that the color of the dash represents (n = 12,316). **d**, Scatterplot of *P* values for the 2-kb sliding windows comparing STAAR-O with the burden, SKAT and ACAT-V tests. Each dot represents a sliding window with the *x* axis label being the  $-\log_{10}(P)$  of the conventional test and the *y* axis label being the  $-\log_{10}(P)$  of STAAR-O (n = 12,316).

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variant annotations for WGS RV association studies. Using sparse GRMs<sup>38</sup>, STAAR scaled well both in terms of computation time and memory for very-large-scale WGS association studies, such as

sample sizes in TOPMed, GSP and UK Biobank. The computation time for STAAR-O to perform WGS gene-centric and genetic region analysis on 30,000 related samples using the TOPMed data required



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Irait	Chromosome	Start location	End location	Gene		Discovery			Replication			Pooled		Variants (adjusted)
	ю.				No. of SNVs	STAAR-O (unconditional)	STAAR-O (conditional)	No. of SNVs	STAAR-O (unconditional)	STAAR-O (conditional)	No. of SNVs	STAAR-O (unconditional)	STAAR-O (conditional)	
LDL-C	-	55,045,498	55,047,497	PCSK9	114	7.83×10 <sup>-9</sup>	1.06×10 <sup>-4</sup>	124	3.33 ×10 <sup>-6</sup>	4.10 × 10 <sup>-4</sup>	186	1.89 × 10 <sup>-15</sup>	2.90 × 10 <sup>-9</sup>	rs28362286, rs28362263, rs11591147, rs12117661
	-	55,046,498	55,048,497	PCSK9	124	5.32 × 10 <sup>-9</sup>	2.13 × 10 <sup>-5</sup>	130	1.79×10⁻ <sup>6</sup>	8.79×10 <sup>-5</sup>	191	1.33×10 <sup>-15</sup>	1.15 × 10 <sup>-9</sup>	rs28362286, rs28362263, rs11591147, rs12117661
	19	44,881,528	44,883,527	NECTIN2	118	7.31×10 <sup>-10</sup>	$1.81 \times 10^{-8}$	155	$5.16 \times 10^{-4}$	2.42×10 <sup>-1</sup>	202	$8.15 \times 10^{-8}$	5.26×10 <sup>-6</sup>	rs7412, rs429358
	19	44,882,528	44,884,527	NECTIN2	104	$2.08 \times 10^{-10}$	$3.90 \times 10^{-9}$	133	$1.23 \times 10^{-1}$	3.59×10 <sup>-1</sup>	176	$1.38 \times 10^{-8}$	$7.47 \times 10^{-7}$	rs7412, rs429358
	19	44,893,528	44,895,527	TOMM40	110	$2.64 \times 10^{-19}$	$2.33 \times 10^{-11}$	136	$4.54 \times 10^{-9}$	$2.60 \times 10^{-2}$	187	$7.29 \times 10^{-29}$	$7.62 \times 10^{-13}$	rs7412, rs429358
	19	44,894,528	44,896,527	TOMM40	120	$2.44 \times 10^{-15}$	$4.31 \times 10^{-11}$	153	$7.62 \times 10^{-5}$	$1.74 \times 10^{-2}$	205	6.73×10 <sup>-20</sup>	$5.28 \times 10^{-13}$	rs7412, rs429358
	19	44,905,528	44,907,527	APOE	91	$1.73 \times 10^{-10}$	$1.64 \times 10^{-10}$	115	$1.22 \times 10^{-2}$	$4.91 \times 10^{-3}$	169	$7.68 \times 10^{-12}$	$9.00 \times 10^{-12}$	rs7412, rs429358
	19	44,906,528	44,908,527	APOE	84	$1.67 \times 10^{-9}$	$1.90 \times 10^{-10}$	115	$8.65 \times 10^{-3}$	3.24×10 <sup>-3</sup>	165	$8.34 \times 10^{-11}$	$6.25 \times 10^{-12}$	rs7412, rs429358
	19	44,907,528	44,909,527	APOE	113	$1.01 \times 10^{-9}$	$1.97 \times 10^{-10}$	143	$5.92 \times 10^{-3}$	3.58×10 <sup>-3</sup>	205	$4.88 \times 10^{-11}$	8.71×10 <sup>-12</sup>	rs7412, rs429358
	19	44,908,528	44,910,527	APOE	140	$6.30 \times 10^{-10}$	$1.32 \times 10^{-10}$	152	$4.14 \times 10^{-3}$	$6.10 \times 10^{-3}$	228	$2.40 \times 10^{-11}$	$5.21 \times 10^{-12}$	rs7412, rs429358
	19	44,931,528	44,933,527	APOC1P1	114	$6.63 \times 10^{-9}$	$7.60 \times 10^{-4}$	123	$5.78 \times 10^{-11}$	$5.40 \times 10^{-3}$	181	$1.34 \times 10^{-19}$	$4.15 \times 10^{-6}$	rs7412, rs429358
TG	1	116,828,930	116,830,929	APOC3	125	$4.63 \times 10^{-10}$	2.80×10 <sup>-9</sup>	155	1.35×10 <sup>-36</sup>	3.94×10 <sup>-34</sup>	207	7.32×10 <sup>-45</sup>	2.73×10 <sup>-41</sup>	rs66505542, rs964184, rs7350481
	1	116,829,930	116,831,929	APOC3	109	3.61×10 <sup>-10</sup>	5.99×10 <sup>-10</sup>	140	2.85×10 <sup>-36</sup>	4.25×10 <sup>-34</sup>	187	5.75 × 10 <sup>-45</sup>	2.17×10 <sup>-41</sup>	rs66505542, rs964184, rs7350481
TC	-	55,045,498	55,047,497	PCSK9	114	3.05×10 <sup>-9</sup>	2.86×10 <sup>-7</sup>	130	3.12 × 10 <sup>−6</sup>	1.92×10 <sup>-6</sup>	189	2.22 ×10 <sup>-15</sup>	9.21×10 <sup>-14</sup>	rs28362286, rs11591147, rs191448952
	-	55,046,498	55,048,497	PCSK9	124	2.24×10 <sup>-9</sup>	2.06×10 <sup>-7</sup>	138	2.19 ×10 <sup>−6</sup>	1.34×10 <sup>-6</sup>	195	1.78×10 <sup>-15</sup>	7.04×10 <sup>-14</sup>	rs28362286, rs11591147, rs191448952
	19	44,893,528	44,895,527	TOMM40	111	$9.35 \times 10^{-13}$	$4.37 \times 10^{-7}$	146	$1.12 \times 10^{-7}$	$4.02 \times 10^{-1}$	196	$7.57 \times 10^{-21}$	7.91×10 <sup>-8</sup>	rs7412, rs429358
	19	44,894,528	44,896,527	TOMM40	120	$1.80 \times 10^{-9}$	$1.99 \times 10^{-6}$	164	$1.08 \times 10^{-4}$	$8.31 \times 10^{-1}$	213	$8.40 \times 10^{-14}$	$2.19 \times 10^{-7}$	rs7412, rs429358

15 h for 100 2.10 GHz computing cores with 6 gigabyte memory for each lipid trait. Analyzing 500,000 simulated related samples mimicking the UK Biobank sample size required 26 h for WGS analysis using the same approach and computational resources (Methods).

#### Discussion

We propose STAAR as a general, computationally scalable framework that effectively incorporates multiple qualitative and quantitative variant functional annotations to boost power for variant set tests for continuous and binary traits in WGS RV association studies, while accounting for both population structure and relatedness using GLMMs.

We highlighted STAAR-O, the omnibus test that aggregates multiple annotation-weighted tests in the STAAR framework. We focused on two types of WGS RV association analyses using STAAR-O: gene-centric analyses by grouping coding and noncoding variants into functional categories for each protein-coding gene; and agnostic genetic region analyses using sliding windows. In extensive simulation studies, we demonstrated that STAAR-O achieves substantial power gain compared with conventional variant set tests weighted by MAF, while maintaining accurate type I error rates for both quantitative and dichotomous phenotypes.

In a WGS RV analysis of lipid traits using the TOPMed data, STAAR-O identified several conditionally significant functional categories associated with lipid traits in gene-centric analysis (including NPC1L1 missense RVs and LDL-C; APOC3 putative loss-of-function RVs and HDL-C; and LIPG missense RVs and TC) that were missed by the previous study using the same TOPMed data<sup>44</sup>. Earlier studies reported marginal association between inactivating mutations (putative loss-of-function RVs and frameshift indels) in NPC1L1 and LDL-C with P=0.04 (ref. <sup>69</sup>), which was replicated using the pooled TOPMed samples (P=0.02), although no significant association between putative loss-of-function RVs and LDL-C was found (P=0.15). STAAR-O identified a much more significant previously unknown association, which was replicated, between missense RVs in NPC1L1 and LDL-C; this was driven by disruptive missense RVs (conditional  $P=4.02\times10^{-11}$  in pooled samples). None of these disruptive missense RVs was reported in ClinVar (5 September 2017; 20170905)75, suggesting that the findings from emerging WGS studies can help guide the expansion of the ClinVar database. NPC1L1 is the direct molecular target of the lipid-lowering drug ezetimibe, which reduces the absorption of cholesterol by binding to NPC1L1 (ref. 76). STAAR-O also suggested several conditional associations in the discovery phase that were validated in our replication phase and achieved significance in pooled samples (Supplementary Table 12).

In agnostic, sliding window-based genetic region analysis, STAAR-O detected and replicated ten sliding windows after conditioning on known variants, including an association between an intergenic region located downstream of APOC1P1 and LDL-C, which were not detected using conventional tests. The detected APOC1P1 region is located in the hepatic control region 2 that regulates hepatic expression of apolipoproteins. By further conditioning on the APOE haplotypes and rs35136575, a common variant previously found in the downstream hepatic control region 2 associated with LDL-C77, the strength of association was reduced but remained significant (Supplementary Table 8). This discovery is due to upweighting several plausibly causal RVs that have regulatory functions using annotation principal component-epigenetic scores in STAAR-O (Supplementary Fig. 15 and Supplementary Table 13). These results highlight that incorporating multiple functional annotations using STAAR can effectively boost power for WGS RV association studies.

To capture multiple aspects of variant functionality, we introduced annotation principal components by performing dimension reduction of a large number of diverse individual annotations from various external databases. See the Methods for an example, which demonstrates that annotation principal components explain diverse and complementary functionality of known LDL-associated functional RVs, and that STAAR provides greater power for RV association tests by upweighting these variants using annotation principal components.

In practice, STAAR is very flexible and users can determine the set of individual annotations to calculate annotation principal components and the number of annotation principal components and integrative functional scores and other qualitative scores to be used, as well as tissue-, cell type- and phenotype-specific variant annotations<sup>78–80</sup>. In this study, we grouped individual annotations based on biological knowledge; users can also apply data-driven approaches, such as clustering, to group annotations for annotation principal component calculation. We also demonstrated that STAAR detects more associations using relevant tissue functional annotations. It will be of interest, in future research, to incorporate improved RV effect size models in the weights to further improve the power for RV association studies<sup>81,82</sup>.

The STAAR procedure is fast and scalable for very large WGS studies and biobanks of hundreds of thousands to millions of samples for both quantitative and dichotomous phenotypes since it uses estimated sparse GRMs<sup>38</sup> to fit the null GLMM and scan the genome. Besides using sliding windows of a prespecified fixed window length, STAAR could be extended to flexibly detect the sizes and locations of coding and noncoding RV association regions using the dynamic window analysis method SCANG<sup>83</sup>. In addition, STAAR could be extended to settings with survival, unbalanced case-control and multiple phenotypes; hence, it could provide a comprehensive framework for WGS RV association studies. Thus, STAAR provides a powerful and flexible tool for variant association discovery in many settings to explore the molecular basis of common diseases. STAAR v.0.9.5 can be downloaded from https:// github.com/xihaoli/STAAR and https://content.sph.harvard.edu/ xlin/software.html.

#### **Online content**

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/ s41588-020-0676-4.

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#### Methods

**Notation and model.** Suppose there are *n* individuals with *M* total variants sequenced across the whole genome. Given a genetic set of *p* variants, for subject *i*, let *Y<sub>i</sub>* denote a continuous or dichotomous trait with mean  $\mu_i$ ;  $\mathbf{X}_i = (X_{i1}, \ldots, X_{iq})^T$  denotes *q* covariates, such as age, age<sup>2</sup>, sex and ancestral principal components;  $\mathbf{G}_i = (G_{i1}, \ldots, G_{ip})^T$  denotes the genotype information of the *p* genetic variants in a variant set.

When the data consist of unrelated samples, we consider the following generalized linear model (GLM):

$$g(\mu_i) = \alpha_0 + \mathbf{X}_i^{\mathrm{T}} \mathbf{a} + \mathbf{G}_i^{\mathrm{T}} \mathbf{\beta}$$
(1)

where  $g(\mu) = \mu$  for a continuous normally distributed trait,  $g(\mu) = \text{logit}(\mu)$  for a dichotomous trait,  $\alpha_0$  is an intercept,  $\mathbf{a} = (\alpha_1, \dots, \alpha_q)^{\text{T}}$  is a vector of the regression coefficients for  $\mathbf{X}_i$  and  $\mathbf{\beta} = (\beta_1, \dots, \beta_p)^{\text{T}}$  is a vector of regression coefficients for  $\mathbf{G}_i$ .

When the data consist of related samples, we consider the following GLMM<sup>35-37</sup>:  $g(\mu_i) = \alpha_0 + \mathbf{X}_i^{\mathrm{T}} \mathbf{a} + \mathbf{G}_i^{\mathrm{T}} \mathbf{\beta} + b_i$ , where the random effects  $b_i$  account for the remaining population structure unaccounted by ancestral principal components, relatedness and other between-observation correlation. We assume that  $\mathbf{b} = (b_1, \dots, b_n)^{\mathrm{T}} \approx N(\mathbf{0}, \sum_{l=1}^{\mathrm{L}} \theta_l \mathbf{\Phi}_l)$  with variance components  $\theta_l$  and known covariance matrices  $\mathbf{\Phi}_l$ . The random effects  $\mathbf{b}$  can be decomposed into a sum of multiple random effects to account for different sources of relatedness and correlation as  $\mathbf{b} = \sum_{l=1}^{L} \mathbf{b}_l$  with  $\mathbf{b}_l \approx N(\mathbf{0}, \theta_l \Phi_l)$ . For example,  $\mathbf{b}_1$  accounts for unaccounted population structure and family relatedness by using the adjusted GRM as its covariance matrix  $\Phi_1$  (refs. <sup>84,85</sup>). A sparse GRM can be used to scale up computation<sup>38</sup>. Additional random effects  $\mathbf{b}_2,...,\mathbf{b}_L$  can be used to account for complex sampling designs, such as correlation between repeated measures from longitudinal studies using individual-specific random intercepts and slopes and hierarchical designs. The remaining variables are defined in the same way as those in the GLM (equation (1)). Under both GLM and GLMM, we are interested in testing the null hypothesis of whether the variant set is associated with the phenotype, adjusting for covariates and relatedness, which corresponds to  $H_0:\beta = 0$ , that is,  $\beta_1 = \beta_2 = ... = \beta_p = 0.$ 

**Conventional variant set tests.** Conventional score-based aggregation methods allow for jointly testing the association between variants in the genetic set and phenotype. In particular, burden tests<sup>4-7</sup> assume that  $\beta_j = w_j\beta$ , where  $\beta$  is a constant for all variants, such that the corresponding burden test statistic to test  $H_0: \beta = \mathbf{0} \Leftrightarrow \mathbf{H_0}: \beta = \mathbf{0}$  is given by:

$$Q_{\rm Burden} = \left(\sum_{j=1}^p w_j S_j\right)^2$$

where  $S_j = \sum_{i=1}^{n} G_{ij}(Y_i - \hat{\mu}_i)$  is the score statistic of the marginal model for variant j and  $\hat{\mu}_i$  is the estimated mean of  $Y_i$  under the null GLM  $g(\mu_i) = \alpha_0 + \mathbf{X}_i^T \mathbf{\alpha}$  or the null GLMM  $g(\mu_i) = \alpha_0 + \mathbf{X}_i^T \mathbf{\alpha} + b_i$ .  $Q_{\text{Burden}}$  asymptotically follows a chi-square distribution with 1 d.f. under the null hypothesis; its *P* value can be obtained analytically while accounting for linkage disequilibrium between variants<sup>3,37</sup>.

For SKAT<sup>8</sup>,  $\beta_j$  are assumed to be independent and identically distributed following an arbitrary distribution, with  $E(\beta_j) = 0$  and  $Var(\beta_j) = w_j^2 \tau$ . The null hypothesis of no variant set effect  $H_0$ : $\beta = 0$  is equivalent to  $H_0$ : $\tau = 0$  and the corresponding SKAT test statistic is given by:

$$Q_{\rm SKAT} = \sum_{j=1}^p w_j^2 S_j^2$$

 $Q_{\text{SKAT}}$  asymptotically follows a mixture of chi-square distributions under the null hypothesis and its *P* value can be obtained analytically while accounting for linkage disequilibrium between variants<sup>3,37</sup>.

Furthermore, the recently proposed ACAT-V test uses a combination of transformed variant P values rather than operating on the test statistics directly<sup>9</sup>. The ACAT-V test statistic is given by:

$$\begin{aligned} Q_{\text{ACAT-V}} &= \overline{w^2 \text{MAF}(1 - \text{MAF})} \tan((0.5 - P_0)\pi) \\ &+ \sum_{j=1}^{p'} w_j^2 \text{MAF}_j (1 - \text{MAF}_j) \tan((0.5 - P_j)\pi) \end{aligned}$$

where p' is the number of variants with an MAC> 10 and  $P_j$  is the association P value of the individual variant j corresponding to the individual variant score statistics  $S_j$  for those variants with MAC> 10.  $P_0$  is the burden test P value of extremely rare variants with an MAC  $\leq$  10 and  $w^2$ MAF(1 – MAF) is the average of the weights  $w_j^2$ MAF<sub>j</sub>(1 – MAF<sub>j</sub>) among extremely rare variants with an MAC  $\leq$  10.  $Q_{ACAT-V}$  can be well approximated using a Cauchy distribution under the null hypothesis and its P value can be obtained analytically while accounting for linkage disequilibrium between variants<sup>8</sup>. For binary traits in highly unbalanced designs, one can improve individual P value calculations using Saddlepoint approximation<sup>86,87</sup>.

These conventional approaches consider a weight  $w_j$  defined as a threshold indicator or a function of MAF for variant *j*, that is,  $w_i = Beta(MAF_ia_1, a_2)$  (ref.<sup>3</sup>),

where Beta( $;a_1,a_2$ ) is the Beta density function with parameters  $a_1$  and  $a_2$ . Common choices of the parameters are  $a_1 = 1$  and  $a_2 = 25$ , which upweight rarer variants, or  $a_1 = 1$  and  $a_2 = 1$ , which correspond to equal weights for all variants. In WGS studies, most RVs across the genome are not causal. Thus, choosing their weights according to MAF will incorrectly upweight many such 'noise' variants in a variant set and result in a loss of statistical power. Weighting using multiple variant functional annotations will help overcome this deficiency.

#### Calculation of annotation principal components using individual functional annotations. To effectively capture the multifaceted biological impact of a variant while reducing dimensionality, we propose variant annotation principal components as the principal component summary of the functional annotation data by incorporating individual scores extracted from various functional databases26,27 <sup>-41,88</sup>. We first grouped the individual scores into ten major functional categories based on a priori knowledge, each capturing a specific aspect of variant biological function, including epigenetics, conservation, protein function, local nucleotide diversity, distance to coding, mutation density, transcription factor (TF), mappability, distance to the TSS/transcription end site (TES) and microRNA (Fig. 2). For each category, we then centered and standardized all individual scores within the category, such that a higher value of each individual score indicates increased functionality of that annotation, and calculated the annotation principal component as the first principal component from the standardized individual scores (Supplementary Table 1). To facilitate better interpretation, these annotation principal components were then transformed into the Phred-scaled scores for each variant across the genome, defined as $-10 \times \log_{10}(\text{rank}(-\text{score})/M)$ , where *M* is total number of variants sequenced across the whole genome.

Unlike ancestral principal components, which are individual-specific and calculated using genotypes across the genome to control for population structure, annotation principal components are variant-specific, calculated using functional annotations for individual variants and used to summarize multifacet functions of individual variants. Complementary to other existing single-dimension integrative functional scores, annotation principal components summarize multiple aspects of variant function, with different blocks captured by different annotation principal components in the heatmap (Fig. 2).

**STAAR incorporates multiple functional annotations.** STAAR constructs the weights by modeling the probability of a variant being causal using its functional annotation information via qualitative annotations (for example, functional categories) and quantitative annotations (for example, annotation principal components and integrative annotations), as well as modeling the effect sizes of causal variants. Specifically, the effect of variant *j* on a phenotype can be written as:

$$\beta_j = c_j \gamma_j$$

where  $c_j$  is the latent binary indicator of whether variant j is causal, and  $\gamma_j$  is the effect size of variant j if it is causal. The burden test, SKAT and ACAT-V make direct assumptions on the variance of  $\beta_j$  using MAF information. This newly proposed variant effect model is expected to increase the association power since a variant's causal status can be prioritized using its functional annotations<sup>13,14</sup>. Let  $\pi_j = E(c_j)$  denote the probability of variant j being causal; then, the effect of variant j given above is equivalent to:

$$\beta_i = (1 - \pi_j)\delta_0 + \pi_j\gamma_j$$

where  $\delta_0$  is the Dirac delta function indicating that with probability  $1 - \pi_p$  variant *j* has no association with the phenotype.

Defining  $\hat{\pi}_{jk}$  as the estimated probability of *j*th variant being causal using the *k*th annotation (*k*=0,...,*K*), for example,  $\hat{\pi}_{j1}$  measures the estimated probability that the *j*th variant is causal using epigenetic annotation, annotation principal component-epigenetic. We estimated  $\hat{\pi}_{jk}$  using the empirical cumulative distribution function of the *k*th annotation for variant *j* using its rank among all variants as:

$$\hat{\pi}_{jk} = \text{ECDF}_k(A_{jk}) = \frac{\operatorname{rank}(A_{jk})}{M}$$

where  $A_{jk}$  is the *k*th annotation for the *j*th variant. For k=0, we set  $A_{j0}=1$  as the intercept, which gives  $\hat{\pi}_{j0} = 1$ . For a quantitative annotation,  $A_{jk}$  represents its numerical value, for example, the *k*th annotation principal component. The quantitative  $A_{jk}$  we consider in this study includes ten annotation principal components (Supplementary Table 1) and existing integrative scores, including CADD<sup>27</sup>, LINSIGHT<sup>46</sup> and FATHMM-XF<sup>47</sup>. For a qualitative annotation, we defined  $A_{jk}=1$  for variants in the functional group (yes) and  $A_{jk}=0$  for variants otherwise (no). For example,  $A_{jk}$  denotes whether a variant is a disruptive missense variant using MetaSVM<sup>51</sup>. Hence,  $\hat{\pi}_{jk}=1$  for variants in the functional group and  $\hat{\pi}_{jk}=0$  otherwise, for example, disruptive missense variant (yes/no). This corresponds to the RV tests using variants of this functional group.

In the STAAR framework, we model the effect sizes of causal variants  $\gamma_j$  in the same way as that used in conventional variant set tests. Specifically, we assume  $|\gamma_j| \propto w_j$ , where  $w_j$  is assumed as a function of MAF. For simplicity, we model  $w_j$  using *Beta*(MAF<sub>j</sub>: $a_1$ , $a_2$ ) and set ( $a_1$ , $a_2$ ) to be (1,1) or (1,25).

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Then, the burden test statistic using *k*th variant functional annotation as the weight, for example, annotation principal component-epigenetic, is given by  $Q_{\text{Burden},k} = \left(\sum_{j=1}^{p} \hat{\pi}_{jk} w_j S_j\right)^2, \text{ whose } P \text{ value is denoted by } P_{\text{Burden},k} \ (k=0,...,K).$ Under the assumption of SKAT, by estimating the probability of *j*th variant being causal using the *k*th annotation (k=0,...,K), we have  $E(\beta_j)=0$  and  $\operatorname{Var}(\beta_j) = \operatorname{Var}(c_j\gamma_j) = \pi_{jk}w_j^2\tau_k$ . Hence, the SKAT test statistic using the *k*th variant functional annotation as the weight is given by:

$$Q_{\mathrm{SKAT},k} = \sum_{j=1}^{p} \hat{\pi}_{jk} w_j^2 S_j^2$$

whose *P* value is denoted by  $P_{SKAT,k}$  (k = 0,..., K). In the ACAT-V test, the test statistic using the *k*th variant functional annotation as the weight is given by:

$$\begin{aligned} {}_{\text{ACAT-V,k}} &= \hat{\pi}_{.k} w^2 \text{MAF}(1 - \text{MAF}) \tan \left( \left( 0.5 - P_{0,k} \right) \pi \right) \\ &+ \sum_{j=1}^{p'} \hat{\pi}_{jk} w_j^2 \text{MAF}_j (1 - \text{MAF}_j) \tan \left( \left( 0.5 - P_j \right) \pi \right) \end{aligned}$$

where  $\overline{\hat{\pi}_{ik} w^2 \text{MAF}(1 - \text{MAF})}$  is the average of the weights  $\hat{\pi}_{ik} w_i^2 \text{MAF}_i (1 - \text{MAF}_i)$ among the extremely rare variants with MAC  $\leq$  10. The P value of  $Q_{ACAT-V,k}$  is denoted by  $P_{ACAT-V,k}$  (k = 0,..., K).

We denote by  $P_{\text{Burden},k}$ ,  $P_{\text{SKAT},k}$  and  $P_{\text{ACAT-V},k}$  as the *P* values of the burden, SKAT and ACAT-V tests, respectively calculated using the kth annotation as the weight. For each type of RV test, to robustly aggregate information from multiple annotations to boost power of RV association tests in a data-adaptive manner, we propose using the STAAR framework to combine individual annotation-weighted tests using the ACAT P value combination method<sup>9,42</sup>. Specifically, we define STAAR-Burden (STAAR-B), STAAR-SKAT (STAAR-S) and STAAR-ACAT-V (STAAR-A) as:

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$$T_{\text{STAAR}-B} = \sum_{k=0}^{K} \frac{\tan\{(0.5 - P_{\text{Burden},k})\pi\}}{K+1}$$
$$T_{\text{STAAR}-S} = \sum_{k=0}^{K} \frac{\tan\{(0.5 - P_{\text{SKAT},k})\pi\}}{K+1}$$
$$T_{\text{STAAR}-A} = \sum_{k=0}^{K} \frac{\tan\{(0.5 - P_{\text{ACAT}-V,k})\pi\}}{K+1}$$

The *P* value of  $T_{\text{STAAR-S}}$ ,  $T_{\text{STAAR-B}}$  and  $T_{\text{STAAR-A}}$  can be approximated by:

$$P_{\text{STAAR-B}} \approx \frac{1}{2} - \frac{\{\arctan(T_{\text{STAAR-B}})\}}{\pi}$$
$$P_{\text{STAAR-S}} \approx \frac{1}{2} - \frac{\{\arctan(T_{\text{STAAR-S}})\}}{\pi}$$
$$P_{\text{STAAR-A}} \approx \frac{1}{2} - \frac{\{\arctan(T_{\text{STAAR-A}})\}}{\pi}$$

To further aggregate information from different types of tests and different weights, we proposed an omnibus test in the STAAR framework (STAAR-O) by combining STAAR-B, STAAR-S and STAAR-A using the ACAT method9,42. We defined the STAAR-O test statistic as:

$$\begin{split} &T_{\text{STAAR-O}} = \frac{1}{3|\mathcal{A}|} \sum_{(a_1, a_2) \in \mathcal{A}} \tan\left\{ \left(0.5 - P_{\text{STAAR-B}(a_1, a_2)}\right) \pi\right\} \\ &+ \tan\left\{ \left(0.5 - P_{\text{STAAR-S}(a_1, a_2)}\right) \pi\right\} + \tan\left\{ \left(0.5 - P_{\text{STAAR-A}(a_1, a_2)}\right) \pi\right\} \end{split}$$

where  $P_{\text{STAAR}-B(a_1,a_2)}$ ,  $P_{\text{STAAR}-S(a_1,a_2)}$  and  $P_{\text{STAAR}-A(a_1,a_2)}$  denote the *P* values of STAAR-B, STAAR-S and STAAR-A using  $w_i = Beta(MAF_i;a_1,a_2)$ ,  $\mathscr{A}$  is the set of specified values of  $(a_1, a_2)$  and  $|\mathcal{A}|$  is the size of set  $\mathcal{A}$ . In practice, we set  $\mathcal{A} = \{(1,25),(1,1)\}$ . The *P* value of  $T_{\text{STAAR-O}}$  could then be accurately approximated by:

$$P_{\text{STAAR-O}} \approx \frac{1}{2} - \frac{\{\arctan(T_{\text{STAAR-O}})\}}{\pi}$$

By combining different types of tests into an omnibus test, STAAR-O has a robust power with respect to the sparsity of causal variants and the directionality of effects of causal variants in a variant set, as well as variant multifacet functions and MAFs. Specifically, by including the burden test, STAAR-O is powerful when most variants in a variant set are causal and have effects in the same direction; by including SKAT, STAAR-O is powerful when not a small number of variants in a variant set are causal with effects in different directions, or when variants in a variant set are in high linkage disequilibrium; by including ACAT-V, STAAR-O is powerful when a small number of variants in a variant set are causal or a good number of extremely rare variants are causal; by weighting each type of tests using

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multiple annotation principal components and other integrative functional scores and qualitative annotations, STAAR-O is powerful when any of these variant functional annotations can pinpoint causal variants and help boost power.

Data simulation. Type I error simulations. We performed extensive simulation studies to evaluate whether the proposed STAAR framework preserves the desired type I error rate. We generated continuous traits from a linear model defined as:

 $Y_i = 0.5X_{1i} + 0.5X_{2i} + \epsilon_i$  where  $X_{1i} \sim N(0,1), X_{2i} \sim \text{Bernoulli}(0.5)$  and  $\epsilon_i \sim N(0,1)$ . Dichotomous traits were generated from a logistic model defined as:logit  $P(Y_i = 1) = \alpha_0 + 0.5X_{1i} + 0.5X_{2i}$  where  $X_{1i}$  and  $X_{2i}$  were defined the same as continuous traits and  $\alpha_0$  was determined to set the prevalence to 1%. In this setting, we used a balanced case-control design. We generated genotypes by simulating 20,000 sequences for 100 different regions each spanning 1 Mb. The data were generated to mimic the linkage disequilibrium structure of an African-American population by using the calibration coalescent model<sup>43</sup>. In each simulation replicate, 10 annotations were generated as  $A_1, \ldots, A_{10}$  independent and identically distributed N(0,1) for each variant; we randomly selected 5-kb regions from these 1-Mb regions for type I error simulations. We applied STAAR-B, STAAR-S, STAAR-A and STAAR-O by incorporating MAFs and the 10 annotations and repeated the procedure with 109 replicates to examine the type I error rate at the  $\alpha = 10^{-5}$ ,  $10^{-6}$  and  $10^{-7}$  levels. The total sample sizes considered were 2,500, 5,000 and 10,000.

Empirical power simulations. Next, we carried out a simulation study under a variety of configurations to assess the power gain by incorporating multiple functional annotations using STAAR compared to conventional variant set tests that use MAFs as weights. In each simulation replicate, we randomly selected 5-kb regions from these 1-Mb regions for power simulations. For each selected 5-kb region, we generated causal variants according to a logistic model defined as:

$$\text{logit } P(c_j = 1) = \delta_0 + \delta_{k_1} A_{j,k_1} + \delta_{k_2} A_{j,k_2} + \delta_{k_3} A_{j,k_3} + \delta_{k_4} A_{j,k_4} + \delta_{k_5} A_{j,k_5}$$

where  $\{k_1, \ldots, k_5\} \subset \{1, \ldots, 10\}$  were randomly sampled for each region. For different regions, the causality of variants was allowed to be dependent on different sets of annotations. We set  $\delta_{k_l} = \log(5)$  for all annotations and varied the proportions of causal variants in the signal region by setting  $\delta_0 = \text{logit}(0.0015)$ , logit(0.015) and logit(0.18) for averaging 5, 15 and 35% causal variants in the signal region, respectively.

We generated continuous traits from a linear model given by:

$$Y_i = 0.5X_{1i} + 0.5X_{2i} + \beta_1 G_{1j} + \dots + \beta_s G_{sj} + \epsilon_i$$

where  $X_{1i}$ ,  $X_{2i}$  and  $\epsilon_i$  were defined the same as the type I error simulations,  $G_{1i}$ ,..., $G_{si}$ were the genotypes of the *s* causal variants in the signal region and  $\beta_1, \ldots, \beta_s$  were the corresponding effect sizes of causal variants. Dichotomous traits were generated from a logistic model given by:

logit 
$$P(Y_i = 1) = 0.5X_{1i} + 0.5X_{2i} + \beta_1 G_{1j} + \dots + \beta_s G_{sj}$$

where  $\alpha_0, X_{1i}, X_{2i}$  were defined the same as the type I error simulations,  $G_{1i}, \ldots, G_{si}$ were the genotypes of the *s* causal variants in the signal region and  $\beta_1, \dots, \beta_s$  were the corresponding log odds ratios (ORs) of the s causal variants.

Under both settings, we modeled the effect sizes of causal variants using  $\beta_j = \gamma_j = c_0 |\log_{10} MAF_j|$ . Therefore, the effect size of causal variant was a decreasing function of MAF. For continuous traits, co was set to be 0.13. For dichotomous traits,  $c_0$  was set to be 0.255, which gives an OR = 3 for a variant with MAF of  $5 \times 10^{-5}$ . For each setting, we additionally varied the proportions of causal variant effect size directions by setting 100, 80 and 50% variants to have positive effects. Finally, we performed simulations using different magnitudes of effect sizes by varying the values of c<sub>0</sub> across a wide range. We applied STAAR-B, STAAR-S, STAAR-A and STAAR-O using MAFs and all 10 annotations in the weighting scheme and repeated the procedure with 104 replicates to examine the powers at  $\alpha = 10^{-7}$ . The total sample sizes considered were 10,000 across all settings.

Computation cost. To test the computation time of 500,000 related samples, we simulated 1,000 genomic regions, each with 100 variants, for 1 million haplotypes of 125,000 families with 2 parents and 2 children per family. The computation time for WGS RV association studies was estimated by analyzing 2.5 million variant sets with on average 100 variants in each set using STAAR.

Statistical analysis of lipid traits in the TOPMed data. The TOPMed WGS data consist of ancestrally diverse and multi-ancestry-related samples<sup>45</sup>. Race/ ethnicity was defined using a combination of self-reported race/ethnicity and study recruitment information. The discovery cohorts consisted of 4,580 (37.2%) Black or African-American individuals, 6,266 (50.9%) White, 543 (4.4%) Asian-American and 927 (7.5%) Hispanic/Latino American. The replication cohorts consisted of 3,534 (19.8%) Black or African-American individuals, 11,662 (65.4%) White, 132 (0.7%) Asian-American and 2,494 (14.0%) others. The 'others' category in the replication cohort included many Hispanic/Latino American individuals as well as a cohort of Samoans.

We applied STAAR-O to identify RV sets associated with four quantitative lipid traits (LDL-C, HDL-C, TG and TC) using the TOPMed WGS data. LDL-C and TC were adjusted for the presence of medications as outlined elsewhere<sup>4</sup> A linear regression model adjusting for age, age<sup>2</sup> and sex was first fitted for each study-race/ethnicity-specific group. In addition, for Old Order Amish, we also adjusted for APOB p.R3527Q in the LDL-C and TC analyses and adjusted for APOC3 p.R19Ter in the TG and HDL-C analyses<sup>44</sup>. The residuals were rank-based inverse normal transformed and rescaled by the standard deviation of the original phenotype within each group. We then fitted a heteroscedastic linear mixed model for the rank-normalized residuals, adjusting for ten ancestral principal components, study-ancestry group indicators and a variance component for an empirically derived kinship matrix plus separate group-specific residual variance components to account for population structure and relatedness. The output of the heteroscedastic linear mixed model was then used to perform the following variant set analyses for RVs (MAF < 1%) by scanning the genome, including gene-centric analysis using five variant categories (putative loss-of-function RVs, missense RVs, synonymous RVs, promoter RVs and enhancer RVs) for each protein-coded gene and agnostic genetic region analysis using 2-kb sliding windows across the genome with a 1-kb skip length. The WGS RV association study analysis was performed using the R package STAAR v.0.9.5.

The annotation principal components provided diverse and complementary information on variant functionality and were incorporated in RV association tests using an omnibus weighting scheme via the proposed STAAR method. We demonstrated using the following example that STAAR boosts the RV association test power by properly upweighting known LDL-associated functional RVs. For example, the association between a 2-kb sliding window located at 55,038,498-55,040,497 bp on chromosome 1 and LDL-C using STAAR-O is more significant than conventional tests in unconditional analysis (Supplementary Table 14). This power gain of STAAR-O is due to upweighting functional variants, for example, the known tolerated missense variant rs11591147, within the sliding window through incorporating multiple annotation principal components<sup>59</sup>. Specifically, the annotation principal component-epigenetic, annotation principal component-protein and annotation principal component-mappability Phred scores are greater than 20 (top 1% across the genome) and the annotation principal component-MutationDensity, annotation principal component-TF and CADD Phred scores are greater than 10 (top 10% across the genome) for this variant, highlighting the multidimensional functionality of this variant. The annotation principal component-protein and annotation principal component-mappability-weighted SKAT P values are  $6.69 \times 10^{-13}$  and  $3.78 \times 10^{-12}$ , which are more significant than SKAT ( $P = 1.12 \times 10^{-9}$ ) and the burden test ( $P = 4.68 \times 10^{-4}$ ).

Statistical analysis of LDL-C in the UK Biobank data. We used the UK Biobank WES from the functionally equivalent pipeline. Sample and variant quality control measures were described previously<sup>72,89</sup>. Briefly, samples with mismatch between genetically inferred and reported sex, high rates of heterozygosity or contamination (D statistic > 0.4), low sequence coverage (less than 85% of targeted bases achieving 20× coverage), duplicates and WES variants discordant with genotyping chip were removed. A total of 43,243 individuals with genetically inferred European ancestry were included; 40,519 of them had data on LDL cholesterol. TC was adjusted by dividing the value by 0.8 among individuals reporting lipid-lowering medication use after 1994 or statin use at any time point. LDL cholesterol was calculated from adjusted TC levels by the Friedewald equation for individuals with TG levels <400 mg dl-1. If LDL cholesterol levels were directly measured, then their values were divided by 0.7 among those reporting lipid-lowering medication use after 1994 or statin use at any time point. Residuals were created after adjusting for age, age2, sex and the first ten ancestral principal components. Residuals were then rank-based inverse normal transformed and multiplied by the standard deviation. Analyses were restricted to missense variants in the NPC1L1 gene predicted to be damaging according to the MetaSVM prediction algorithm and conditioned on ten known common variants in NPC1L1 associated with LDL-C (rs10234070, rs73107473, rs2072183, rs41279633, rs17725246, rs2073547, rs10260606, rs217386, rs7791240 and rs2300414) obtained from the UK Biobank imputed genotype data. We performed a burden test for the association between disruptive missense RVs in NPC1L1 and LDL-C.

**Genome build.** All genome coordinates are given in the NCBI GRCh38/UCSC hg38 version of the human genome.

**Reporting Summary.** Further information on research design is available in the Nature Research Reporting Summary linked to this article.

#### Data availability

This paper used the TOPMed Freeze 5 WGS data and lipids phenotype data. Genotype and phenotype data are both available in database of Genotypes and Phenotypes. The discovery phase used data from the following four study cohorts (accession numbers provided in parentheses): Framingham Heart Study (phs000974.v1.p1); Genetics of Cardiometabolic Health in the Amish (phs000956.v1.p1); Jackson Heart Study (phs000964.v1.p1); and Multi-Ethnic Study of Atherosclerosis (phs001416.v1.p1). The replication phase used data

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from the following ten study cohorts: Atherosclerosis Risk in Communities Study (phs001211); Cleveland Family Study (phs000954); Cardiovascular Health Study (phs001368); Diabetes Heart Study (phs001412); Genetic Study of Atherosclerosis Risk (phs001218); Genetic Epidemiology Network of Arteriopathy (phs001345); Genetics of Lipid Lowering Drugs and Diet Network (phs001359); San Antonio Family Heart Study (phs001215); Genome-Wide Association Study of Adiposity in Samoans (phs000972); and Women's Health Initiative (phs001237). The sample sizes, ancestry and phenotype summary statistics of these cohorts are given in Supplementary Table 3.

The functional annotation data are publicly available and were downloaded from the following links: GRCh38 CADD v.1.4 (https://cadd.gs.washington.edu/ download); ANNOVAR dbNSFP v.3.3a (https://annovar.openbioinformatics.org/ en/latest/user-guide/download); LINSIGHT (https://github.com/CshlSiepelLab/ LINSIGHT); FATHMM-XF (http://fathmn.biocompute.org.uk/fathmm-xf); FANTOM5 CAGE (https://fantom.gsc.riken.jp/5/data); GeneCards (https://www. genecards.org; v.4.7 for hg38); and Umap/Bismap (https://bismap.hoffmanlab. org; 'before March 2020' version). In addition, recombination rate and nucleotide diversity were obtained from Gazal et al<sup>30</sup>. The whole-genome individual functional annotation data assembled from a variety of sources and the computed annotation principal components are available at the Functional Annotation of Variant–Online Resource (FAVOR) site (http://favor.genohub.org). The tissue-specific functional annotations were downloaded from ENCODE (https://www.encodeproject.org/ report/?type=Experiment).

#### Code availability

STAAR is implemented as an open source R package available at https://github.com/xihaoli/STAAR and https://content.sph.harvard.edu/xlin/software.html.

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#### Author contributions

X. Li, Z.L., H.Z., G.R.A., J.I.R., C.J.W., G.M.P., P.N. and X. Lin designed the experiments. X. Li, Z.L., H.Z. and X. Lin performed the experiments. X. Li, Z.L., H.Z., S.M.G., Y.L., H.C., R.S., R.D., D.K.A., S.A., C.M.B., L.F.B., J.B., E.B., D.W.B., J.G.B., M.P.C., A.C., L.A.C., J.E.C., B.I.F., X.G., G.H., M.R.I., SL.R.K., S.K., A.T.K., C.L.K., C.C.L., X.S.L., M.C.M., A.W.M., L.W.M., R.A.M., S.T.M., B.D.M., M.E.M., J.E.M., A.C.M., J.R.O., N.D.P., A.P., J.M.P., P.A.P., B.M.P., S.R., K.M.R., S.S.R., J.A.S., H.K.T., M.Y.T., R.S.V., FEW, D.E.W., Z.W., J.G.W., L.R.Y., B.M.N., S.R.S., G.R.A., J.I.R., C.J.W., G.M.P., P.N. and X. Lin acquired, analyzed or interpreted the data. G.M.P., P.N. and the NHLBI TOPMed Lipids Working Group provided administrative, technical or material support. X. Li, Z.L., S.M.G., J.I.R., G.M.P., P.N. and X. Lin drafted the manuscript and revised it according to suggestions by the coauthors. All authors critically reviewed the manuscript, suggested revisions as needed and approved the final version.

#### **Competing interests**

S.A. reports equity and employment by 23andMe. L.A.C. spends part of her time consulting for the Dyslipidemia Foundation, a nonprofit company, as a statistical consultant. X.S.L. is cofounder, board member and scientific advisory board of GV20 Oncotherapy, board member of the scientific advisory board of 3DMedCare, consultant of Genentech and is a recipient of research grants from Sanofi and Takeda, all unrelated to the present work. For The Amish Research Program receives partial support from Regeneron Pharmaceuticals for B.D.M. M.E.M reports a grant from Regeneron Pharmaceuticals that is unrelated to the present work. B.M.P. serves on the steering committee of the Yale Open Data Access Project funded by Johnson & Johnson. S.R. reports interests in Jazz Pharmaceuticals, Eisai and Respircardia, all unrelated to the present work. Z.W. cofounded Rgenta Therapeutics and directs its scientific advisory board. B.M.N. is on the scientific advisory board of Deep Genomics, and is a consultant for CAMP4 Therapeutics, Takeda and Biogen. S.R.S. is a consultant to NGM Biopharmaceuticals and Inari Agriculture. He is also on the scientific advisory board of Veritas Genetics. G.R.A. is an employee of Regeneron Pharmaceuticals and owns stock and stock options for Regeneron Pharmaceuticals. The spouse of C.J.W. works at Regeneron Pharmaceuticals. P.N. reports grants from Amgen, Apple and Boston Scientific, and consulting income from Apple and Blackstone Life Sciences, all unrelated to the present work. X. Lin is a consultant to AbbVie Pharmaceuticals.

#### Additional information

Supplementary information is available for this paper at https://doi.org/10.1038/ s41588-020-0676-4.

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# **Reporting Summary**

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### Software and code

Policy information abo	but <u>availability of computer code</u>
Data collection	Software was used for downloading the data as follows: Wget (https://www.gnu.org/software/wget/wget.html) and ANNOVAR (annotate_variation.pl http://annovar.openbioinformatics.org).
Data analysis	Data analysis was performed in R (3.5.1). STAAR v0.9.5 was used in both simulation and real data analysis and is implemented as an open-source R package available at https://github.com/xihaoli/STAAR.
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This paper used the TOPMed Freeze 5 whole genome sequencing data and lipids phenotype data. The genotype and phenotype data are both available in dbGAP. The discovery phase used the data from the following four studies, where the accession numbers are provided in parenthesis: Framingham Heart Study (phs000974.v1.p1), Old Order Amish (phs000956.v1.p1), Jackson Heart Study (phs000964.v1.p1), Multi-Ethnic Study of Atherosclerosis (phs001416.v1.p1). The replication phase used the data from the following ten studies: Atherosclerosis Risk in Communities Study (phs001211), Cleveland Family Study (phs000954), Cardiovascular Health Study (phs001368), Diabetes Heart Study (phs001412), Genetic Study of Atherosclerosis Risk (phs001218), Genetic Epidemiology Network of Arteriopathy (phs001345), Genetics of Lipid Lowering Drugs and Diet Network (phs001237), San Antonio Family Heart Study (phs001215), Genome-wide Association Study of Adiposity in Samoans (phs000972) and Women's Health Initiative (phs001237). The sample sizes, ethnicity, and phenotype summary statistics are given in Supplementary Table 3.

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The UK Biobank analyses were conducted using the UK Biobank resource under application 7089.

The functional annotation data are publicly available and were downloaded from the following links: GRCh38 CADD v1.4 (https://cadd.gs.washington.edu/ download), ANNOVAR dbNSFP v3.3a (https://annovar.openbioinformatics.org/en/latest/user-guide/download), LINSIGHT (https://github.com/CshlSiepelLab/ LINSIGHT), FATHMM-XF (http://fathmm.biocompute.org.uk/fathmm-xf), CAGE (https://fantom.gsc.riken.jp/5/data), GeneHancer (https://www.genecards.org), and Umap/Bismap (https://bismap.hoffmanlab.org). In addition, recombination rate and nucleotide diversity were obtained from Gazal, S. et al. Linkage disequilibrium– dependent architecture of human complex traits shows action of negative selection. Nature genetics 49, 1421 (2017). The tissue-specific functional annotations were downloaded from ENCODE (https://www.encodeproject.org/report/?type=Experiment).

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# Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	The discovery phase consists of all four study cohorts of TOPMed Freeze 3 and had 12,316 samples with lipid traits. The replication phase consists of all ten independent study cohorts in TOPMed Freeze 5 that were not in Freeze 3 and had 17,822 samples with lipid traits. The UK Biobank whole exome sequencing data had 40,519 samples with lipid traits.
Data exclusions	For TOPMed data, failed variants and variants with sequencing depth <= 10 were excluded in the QC procedure. For UK Biobank data, samples with mismatch between genetically inferred and reported sex, high rates of heterozygosity or contamination (D-stat > 0.4), low sequence coverage (less than 85% of targeted bases achieving 20X coverage), duplicates, and whole exome sequencing variants discordant with genotyping chip were removed. All data exclusions criteria were pre-established.
Replication	The significant associations between lipids and rare variants identified in gene-centric functional category and sliding window analyses using samples in the discovery phase were tested using the replication samples. The significant association between disruptive missense rare variants in NPC1L1 and LDL-C was also tested using UK Biobank data. All attempts at replication were successful. Experimental replication was not attempted.
Randomization	This is a method and data analysis manuscript, where the methods were applied to analyze large whole genome sequencing genetic epidemiological studies of the TOPMed program. No randomization was used in the study design.
Blinding	Not relevant, as this is not a clinical trial. De-identified coded data were used for analysis.

# Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems	Methods
n/a Involved in the study	n/a Involved in the study
Antibodies	ChIP-seq
Eukaryotic cell lines	Flow cytometry
Palaeontology	MRI-based neuroimaging
Animals and other organisms	
Human research participants	
Clinical data	

### Human research participants

Policy information about studies involving human research participants

Population characteristics

The TOPMed data consist of ancestrally diverse and multi-ethnic related samples. The discovery cohorts consist of 4,580 (37.2%) Black or African American, 6,266 (50.9%) White, 543 (4.4%) Asian American, and 927 (7.5%) Hispanic/Latino American. The replication cohorts consist of 3,534 (19.8%) Black or African American, 11,662 (65.4%) White, 132 (0.7%) Asian American, and 2,494 (14.0%) others. The "others" category in the replication cohort includes many Hispanic/Latino American as well as a cohort of Samoans. Race/ethnicity was defined using a combination of self-reported race/ethnicity from study recruitment information.

	The TOPMed Freeze 5 lipids data included whole genome sequencing data of 30,138 samples from multiple existing NHLBI deep phenotyped study cohorts. The study participants of the TOPMed data have diverse ethnicities. The sample sizes, ethnicity and phenotype summary statistics can be found in Supplementary Table 3. Detailed information of participant recruitment of each study cohort can be found in Supplementary Note. More details can be found at https://www.nhlbiwgs.org.
Ethics oversight	The study protocol was approved by the NHLBI Trans-Omics for Precision Medicine (TOPMed) Consortium.

Note that full information on the approval of the study protocol must also be provided in the manuscript.